



Special Issue on Depression, Anxiety and Psychological Well-being Call for Papers

Depression, Anxiety and Psychological Well-being is an interdisciplinary field examining the causes, mechanisms, prevention, assessment and treatment of depression and anxiety, as well as their impact on psychological well-being and quality of life. It encompasses clinical psychology, psychiatry, behavioral health, stress and resilience, emotional regulation, psychotherapy and mental health interventions. The field integrates clinical, psychological, social, and biological perspectives to promote mental health, resilience and overall well-being.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Depression, Anxiety and Psychological Well-being**. Potential topics include, but are not limited to:

- Depression and Mood Disorders
- Anxiety Disorders and Stress-Related Conditions
- Psychological Well-being and Quality of Life
- Clinical Psychology and Psychotherapy
- Health Psychology & Behavioral Medicine
- Mental Health, Resilience and Coping
- Emotional Regulation and Psychological Processes
- Assessment & Psychometrics
- Trauma and PTSD
- Suicide Ideation and Prevention
- Personality and Depression
- Mindfulness and Alternative Therapies
- Developmental and Lifespan Mental Health
- Relationship between Anxiety and Depression
- Social, Family and Environmental Factors
- Child, Adolescent and Young Adult Mental Health
- Digital Mental Health and Psychological Interventions
- Prevention, Public Mental Health and Health Promotion

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed



to be specified and the research field “**Special Issue – Depression, Anxiety and Psychological Well-being**” should be chosen during your submission.

According to the following timetable:

Submission Deadline	December 17th, 2026
Publication Date	February 2027

For publishing inquiries, please feel free to contact the Editorial Assistant at submission.entrance1@scirp.org

PSYCH Editorial Office