



Special Issue on Health Psychology and Health Promotion

Call for Papers

Health Psychology and Health Promotion studies how psychological, behavioral and social factors influence physical health and well-being. It examines health behaviors, stress, coping mechanisms and lifestyle choices, aiming to prevent illness and promote healthy living. The field integrates research on behavior change, public health interventions, and patient education to design strategies that improve individual and community health outcomes, enhance adherence to medical recommendations, and support overall quality of life.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Health Psychology and Health Promotion**. Potential topics include, but are not limited to:

- Behavioral medicine
- Health promotion interventions
- Health behavior change
- Mental health promotion
- Community and public health psychology
- Psychosocial factors in health
- Preventive health behaviors
- Positive psychology and well-being
- Cognitive determinants of health behavior
- Lifestyle medicine and positive psychology
- Mental disorders and psychotherapy
- Rehabilitation psychology
- Stress and coping research
- Psychometrics and assessments
- Health psychology and quality of life
- Chronic illness management and prevention
- Pain psychology
- Psychology of disability
- Occupational health psychology
- Patient adherence and compliance
- Digital health and e-health interventions
- Psychological aspects of medical procedures

Authors should read over the journal's [For Authors](#) carefully before submission.



Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – Health Psychology and Health Promotion**” should be chosen during your submission.

According to the following timetable:

Submission Deadline	July 3rd, 2026
Publication Date	September 2026

For publishing inquiries, please feel free to contact the Editorial Assistant at submission.entrance1@scirp.org

PSYCH Editorial Office