



Special Issue on Depression, Anxiety and Mental Health

Call for Papers

Depression, Anxiety and Mental Health is an interdisciplinary academic field that studies the causes, assessment, prevention and treatment of mood and anxiety disorders and their impact on psychological well-being. It examines biological, cognitive, social, and environmental factors influencing mental health, as well as therapeutic interventions, public health strategies and policies aimed at improving emotional resilience, reducing stigma, and enhancing quality of life across diverse populations.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Depression, Anxiety and Mental Health**. Potential topics include, but are not limited to:

- Clinical psychology & psychopathology
- Psychotherapy and counseling interventions
- Assessment & psychometrics
- Health psychology & behavioral medicine
- Depression, anxiety and emotional disorders
- Trauma and PTSD
- Suicide ideation and prevention
- Stress, trauma and emotional regulation
- Personality and depression
- Coping mechanisms
- Mindfulness and alternative therapies
- Prevention, early intervention and public health
- Developmental and lifespan mental health
- Depression in children and adolescents
- Relationship between anxiety and depression
- Social and environmental determinants of mental health
- Psychosocial factors
- Digital mental health and e-therapy

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – Depression, Anxiety and Mental Health**” should be chosen during your submission.



According to the following timetable:

Submission Deadline	May 18th, 2026
Publication Date	July 2026

For publishing inquiries, please feel free to contact the Editorial Assistant at submission.entrance1@scirp.org

PSYCH Editorial Office