

ISSN: 2165-9370 Volume 14, Number 3, July 2025



# Open Journal of Medical Psychology



<https://www.scirp.org/journal/ojmp>

# Journal Editorial Board

ISSN Print: 2165-9370    ISSN Online: 2165-9389

<https://www.scirp.org/journal/ojmp>

---

## Editorial Board

|                                   |  |
|-----------------------------------|--|
| <b>Dr. James E. Aikens</b>        | University of Michigan, USA                                  |
| <b>Prof. Sefa Bulut</b>           | Ibn Haldun University, Türkiye                               |
| <b>Dr. Andrea Eugenio Cavanna</b> | BSMHFT and University of Birmingham, UK                      |
| <b>Prof. Greg Harris</b>          | Memorial University, Canada                                  |
| <b>Dr. Brian M. Iacoviello</b>    | Mount Sinai School of Medicine, USA                          |
| <b>Dr. Jürgen Kasper</b>          | Hamburg University, Germany                                  |
| <b>Dr. Kairi Kolves</b>           | Griffith University, Australia                               |
| <b>Dr. Giovanni Mansueto</b>      | Department of Health Sciences, University of Florence, Italy |
| <b>Dr. Robert T. Muller</b>       | York University, Canada                                      |
| <b>Dr. Robert Pasnak</b>          | George Mason University, USA                                 |
| <b>Prof. Gwendolyn Portzky</b>    | Ghent University, Belgium                                    |
| <b>Prof. Marco Trabucchi</b>      | Italian Psychogeriatric Association, Italy                   |
| <b>Prof. Sam Vaknin</b>           | Southern Federal University, Russia                          |
| <b>Dr. Egon Werlen</b>            | Swiss Distance University of Applied Sciences, Switzerland   |
| <b>Dr. Xiao Zhang</b>             | The Hong Kong Institute of Education, China                  |

# Table of Contents

**Volume 14    Number 3**

**July 2025**

**Grief, Coping, Resilience, and Post-Traumatic Growth in the Undergraduate Population**

C. McHardy, M. K. Shakeel ..... 143

**Women's Mental Health: Suicide Risks in Women with Premenstrual Dysphoric Disorder**

O. Idemudia ..... 160

# Open Journal of Medical Psychology (OJMP)

## Journal Information

### SUBSCRIPTIONS

The *Open Journal of Medical Psychology* (Online at Scientific Research Publishing, <https://www.scirp.org/>) is published quarterly by Scientific Research Publishing, Inc., USA.

#### Subscription rates:

Print: \$59 per issue.

To subscribe, please contact Journals Subscriptions Department, E-mail: [sub@scirp.org](mailto:sub@scirp.org)

### SERVICES

#### Advertisements

Advertisement Sales Department, E-mail: [service@scirp.org](mailto:service@scirp.org)

#### Reprints (minimum quantity 100 copies)

Reprints Co-ordinator, Scientific Research Publishing, Inc., USA.

E-mail: [sub@scirp.org](mailto:sub@scirp.org)

### COPYRIGHT

#### Copyright and reuse rights for the front matter of the journal:

Copyright © 2025 by Scientific Research Publishing Inc.

This work is licensed under the Creative Commons Attribution International License (CC BY).

<http://creativecommons.org/licenses/by/4.0/>

#### Copyright for individual papers of the journal:

Copyright © 2025 by author(s) and Scientific Research Publishing Inc.

#### Reuse rights for individual papers:

Note: At SCIRP authors can choose between CC BY and CC BY-NC. Please consult each paper for its reuse rights.

#### Disclaimer of liability

Statements and opinions expressed in the articles and communications are those of the individual contributors and not the statements and opinion of Scientific Research Publishing, Inc. We assume no responsibility or liability for any damage or injury to persons or property arising out of the use of any materials, instructions, methods or ideas contained herein. We expressly disclaim any implied warranties of merchantability or fitness for a particular purpose. If expert assistance is required, the services of a competent professional person should be sought.

### PRODUCTION INFORMATION

For manuscripts that have been accepted for publication, please contact:

E-mail: [ojmp@scirp.org](mailto:ojmp@scirp.org)



**Call for Papers**

# Open Journal of Medical Psychology (OJMP)

ISSN Print: 2165-9370    ISSN Online: 2165-9389  
<https://www.scirp.org/journal/ojmp>

**Open Journal of Medical Psychology (OJMP)** is an international journal dedicated to the latest advancement of Medical Psychology. The goal of this journal is to provide a platform for scientists and academicians all over the world to promote, share, and discuss various new issues and developments in different areas of Medical Psychology.

## Editorial Board

|                            |  |
|----------------------------|--|
| Dr. James E. Aikens        | University of Michigan, USA                                  |
| Prof. Sefa Bulut           | Ibn Haldun University, Türkiye                               |
| Dr. Andrea Eugenio Cavanna | BSMHFT and University of Birmingham, UK                      |
| Prof. Greg Harris          | Memorial University, Canada                                  |
| Dr. Brian M. Iacoviello    | Mount Sinai School of Medicine, USA                          |
| Dr. Jürgen Kasper          | Hamburg University, Germany                                  |
| Dr. Kairi Kolves           | Griffith University, Australia                               |
| Dr. Giovanni Mansueto      | Department of Health Sciences, University of Florence, Italy |
| Dr. Robert T. Muller       | York University, Canada                                      |
| Dr. Robert Pasnak          | George Mason University, USA                                 |
| Prof. Gwendolyn Portzky    | Ghent University, Belgium                                    |
| Prof. Marco Trabucchi      | Italian Psycogeriatric Association, Italy                    |
| Prof. Sam Vaknin           | Southern Federal University, Russia                          |
| Dr. Egon Werlen            | Swiss Distance University of Applied Sciences, Switzerland   |
| Dr. Xiao Zhang             | The Hong Kong Institute of Education, China                  |

## Subject Coverage

All manuscripts must be prepared in English, and are subject to a rigorous and fair peer-review process. Accepted papers will immediately appear online followed by printed hard copy. The journal publishes original papers including but not limited to the following fields:

- Clinical Psychology
- Health Psychology
- Patient Psychology
- Other Disciplines of Medical Psychology

We are also interested in: 1) 2-5 page papers where an author can present either preliminary data or an idea with theoretical background but has not yet completed the research needed for a complete paper: 2) Book Reviews—Comments and critiques.

## Notes for Intending Authors

Submitted papers should not have been previously published nor be currently under consideration for publication elsewhere. Paper submission will be handled electronically through the website. All papers are refereed through a peer review process. For more details about the submissions, please access the website.

## Website and E-Mail

<https://www.scirp.org/journal/ojmp>    E-mail: [ojmp@scirp.org](mailto:ojmp@scirp.org)

## ***What is SCIRP?***

Scientific Research Publishing (SCIRP) is one of the largest Open Access journal publishers. It is currently publishing more than 200 open access, online, peer-reviewed journals covering a wide range of academic disciplines. SCIRP serves the worldwide academic communities and contributes to the progress and application of science with its publication.

## ***What is Open Access?***

All original research papers published by SCIRP are made freely and permanently accessible online immediately upon publication. To be able to provide open access journals, SCIRP defrays operation costs from authors and subscription charges only for its printed version. Open access publishing allows an immediate, worldwide, barrier-free, open access to the full text of research papers, which is in the best interests of the scientific community.

- High visibility for maximum global exposure with open access publishing model
- Rigorous peer review of research papers
- Prompt faster publication with less cost
- Guaranteed targeted, multidisciplinary audience



**Scientific  
Research  
Publishing**

**Website: <https://www.scirp.org>**

**Subscription: [sub@scirp.org](mailto:sub@scirp.org)**

**Advertisement: [service@scirp.org](mailto:service@scirp.org)**