



Special Issue on Health, Wellness and Well-Being

Call for Papers

Health, Wellness and Well-Being is an interdisciplinary field exploring the physical, mental, emotional and social dimensions of health. It covers health promotion, disease prevention, healthy lifestyles, nutrition, physical activity, mental wellness, stress management and quality of life. The field also examines individual and environmental factors that influence well-being, with a focus on evidence-based approaches to improving health outcomes and supporting sustainable, healthy living across diverse populations.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Health, Wellness and Well-Being**. Potential topics include, but are not limited to:

- Health Promotion and Disease Prevention
- Mental Health and Psychological Well-Being
- Physical Health and Fitness
- Nutrition and Healthy Eating
- Exercise and Physical Activity
- Lifestyle and Behavioral Health
- Health Risk Behaviors and Behavior Change
- Stress Management and Resilience
- Public Health and Community Well-Being
- Social and Emotional Well-Being
- Preventive Healthcare and Health Screening
- Chronic Disease Management
- Healthy Aging and Geriatric Well-Being
- Women's Health and Well-Being
- Child and Adolescent Health
- Occupational Health and Workplace Wellness
- Environmental Health and Well-Being
- Digital Health and Wellness Technologies
- Health Equity and Social Determinants of Health
- Quality of Life and Patient Well-Being
- Global Health, Diversities and Challenges
- Education for Health and Well-Being

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).



Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – Health, Wellness and Well-Being**” should be chosen during your submission.

According to the following timetable:

Submission Deadline	January 13th, 2027
Publication Date	March 2027

For publishing inquiries, please feel free to contact the Editorial Assistant at submission.entrance1@scirp.org

Health Editorial Office