



Special Issue on Plant-Based Foods and Clinical Nutrition

Call for Papers

Plant-Based Foods and Clinical Nutrition explores the nutritional, physiological, and clinical implications of plant-based foods and dietary patterns, with attention to their nutritional composition, bioactive compounds, health-promoting properties, and therapeutic applications. The topic includes plant proteins, dietary fiber, phytochemicals, functional foods, nutrient bioavailability, gut microbiota, personalized nutrition, and dietary interventions for chronic diseases such as obesity, diabetes, and cardiovascular disorders. It also welcomes research on nutritional assessment, medical nutrition therapy, disease prevention, and the development of plant-based dietary strategies that support human health and clinical outcomes.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Plant-Based Foods and Clinical Nutrition**. Potential topics include, but are not limited to:

- Plant-based foods
- Clinical nutrition
- Plant-based diets
- Functional foods
- Plant proteins
- Dietary fiber
- Phytochemicals
- Nutrient bioavailability
- Nutritional assessment
- Therapeutic nutrition
- Personalized nutrition
- Gut microbiota
- Nutritional epidemiology
- Chronic disease prevention
- Cardiometabolic health
- Nutritional interventions

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - Plant-Based Foods and Clinical Nutrition**” should be selected during your submission.



Special Issue Timetable:

Submission Deadline	January 22nd, 2027
Publication Date	March 2027

Guest Editor:

For further questions or inquiries, please contact Editorial Assistant at
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