



Special Issue on Food, Nutrition and Human Health

Call for Papers

Food, Nutrition and Human Health is an interdisciplinary field that examines the relationships between food, dietary patterns, nutritional status, and human health across the life course. It encompasses nutritional science, food composition and safety, dietary assessment, metabolism, micronutrients, functional foods, nutraceuticals, and the prevention and management of nutrition-related diseases. The field also investigates how diet and nutrition influence physical and mental well-being, immune function, chronic disease risk, healthy aging, and overall quality of life. By integrating perspectives from nutrition, food science, medicine, public health, and related disciplines, this field aims to promote healthy dietary practices, improve nutritional outcomes, and support sustainable strategies for better human health.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Food, Nutrition and Human Health**. Potential topics include, but are not limited to:

- Nutritional science
- Food science
- Dietary assessment
- Nutrient metabolism
- Clinical nutrition
- Public health nutrition
- Nutritional epidemiology
- Food safety
- Food microbiology
- Functional foods
- Nutraceuticals
- Micronutrient nutrition
- Maternal nutrition
- Pediatric nutrition
- Sports nutrition
- Nutrition and chronic diseases

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).



Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - Food, Nutrition and Human Health**” should be selected during your submission.

Special Issue Timetable:

Submission Deadline	December 15th, 2026
Publication Date	February 2027

Guest Editor:

For further questions or inquiries, please contact Editorial Assistant at
Email: papersubmissionmcy@gmail.com