



Special Issue on Functional Foods and Nutrition

Call for Papers

Functional Foods and Nutrition explores the role of foods, nutrients, and bioactive compounds in promoting health, preventing disease, and supporting overall well-being beyond basic nutritional requirements. The field investigates the development, composition, functionality, and health benefits of functional foods, dietary supplements, and nutraceuticals, as well as their effects on metabolism, immunity, gut health, and chronic disease prevention. By integrating nutrition science, food chemistry, biochemistry, microbiology, and clinical research, it advances evidence-based dietary strategies and innovative food products that contribute to improved public health and quality of life.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Functional Foods and Nutrition**. Potential topics include, but are not limited to:

- Functional food development
- Human nutrition
- Nutraceuticals and dietary supplements
- Bioactive food compounds
- Clinical nutrition
- Sports nutrition
- Personalized nutrition
- Gut microbiota and nutrition
- Food chemistry
- Food microbiology
- Nutritional biochemistry
- Food processing and preservation
- Food safety and quality
- Chronic disease nutrition
- Nutritional epidemiology
- Public health nutrition

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - Functional Foods and Nutrition**” should be selected during your submission.



Special Issue Timetable:

Submission Deadline	November 16th, 2026
Publication Date	January 2027

Guest Editor:

For further questions or inquiries, please contact Editorial Assistant at
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