

Table of Contents

Volume 13 Number 5

May 2022

Healthy Habits Associated with Successful Weight Loss Maintenance on a Commercial Program: Learnings from a Research Survey

C. Coleman, J. Kiel, C. LaCalamita, N. Frye, L. Provelengios..... 453

Optimization Studies in Simultaneous Saccharification and Fermentation of Wheat Bran Flour into Ethanol

K. Manikandan, S. Rengadurai, E. Babu, S. Sothivanan..... 463

Sodium Content in Takeaway Meals Sampled from Three Large China Cities

W. S. Xu, S. Rong, J. Zhao, Y. Lu, G. D. Wang, J. M. Yang, S. Y. Wang, Z. Wang, Y. X. Yang 471

Growth of *Telfairia occidentalis* Leaf Grown in NPK 20-10-10 Hydroponic Solution

K. Okonwu, L. A. Akonye, S. I. Mensah, J. U. Agogbua..... 479

Antioxidant Property of a Dietary Supplement of *Moringa oleifera* Leaves and *Pleurotus ostreatus* in Wistar Rats Subjected to Forced Swimming Endurance Test

F. C. Kane, D. Kimassoum, S. F. Brice, M. F. Paul, W. F. Mbacham 493