



Special Issue on Sports Science and Medicine

Call for Papers

Sports Science and Medicine is an interdisciplinary field that explores the scientific, medical, and physiological foundations of physical activity, exercise, and athletic performance. It encompasses exercise physiology, sports medicine, biomechanics, sports nutrition, physical fitness, injury prevention and rehabilitation, sports psychology, and performance optimization. The field investigates how training, nutrition, recovery, and environmental factors affect physical performance and health, while also addressing the diagnosis, treatment, and prevention of sports-related injuries and conditions. By integrating knowledge from medicine, physiology, kinesiology, biomechanics, nutrition, and psychology, Sports Science and Medicine supports athlete health, enhances performance, promotes safe participation in physical activity, and contributes to lifelong health and well-being.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Sports Science and Medicine**. Potential topics include, but are not limited to:

- Exercise physiology
- Sports medicine
- Sports biomechanics
- Sports nutrition
- Exercise psychology
- Sports psychology
- Athletic performance
- Strength conditioning
- Injury prevention
- Sports rehabilitation
- Physical fitness
- Exercise prescription
- Sports cardiology
- Musculoskeletal health
- Exercise metabolism
- Athlete health

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).



Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - *Sports Science and Medicine***” should be selected during your submission.

Special Issue Timetable:

Submission Deadline	December 10th, 2026
Publication Date	February 2027

Guest Editor:

For further questions or inquiries, please contact Editorial Assistant at ape@scirp.org.