



Special Issue on Physical Education and Active Learning

Call for Papers

Physical Education and Active Learning integrates innovative teaching approaches with movement-based education to promote physical competence, healthy lifestyles, and lifelong participation in physical activity. It encompasses research on physical education pedagogy, curriculum development, motor skill acquisition, exercise science, sport participation, fitness promotion, student engagement, and learning outcomes across diverse educational settings. The field also welcomes interdisciplinary studies that incorporate educational technology, health sciences, psychology, biomechanics, and inclusive education to enhance teaching effectiveness and learner development. By combining evidence-based instructional practices with active learning strategies, it aims to improve physical performance, cognitive engagement, personal well-being, and holistic educational experiences for learners of all ages.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Physical Education and Active Learning**. Potential topics include, but are not limited to:

- Physical education pedagogy
- Curriculum development
- Motor learning and development
- Exercise science
- Sport education
- Physical literacy
- Fitness and wellness education
- Biomechanics and movement analysis
- Exercise physiology
- Health promotion and education
- Inclusive and adaptive physical education
- Educational technology in physical education
- Assessment and evaluation in physical education
- Coaching and athlete development
- Outdoor and adventure education
- Active learning strategies

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).



Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - *Physical Education and Active Learning***” should be selected during your submission.

Special Issue Timetable:

Submission Deadline	October 22nd, 2026
Publication Date	December 2026

Guest Editor:

For further questions or inquiries, please contact Editorial Assistant at ape@scirp.org.